

Mountain Vista High School

November 2019



Important Update / Actualización Importante

Hello parents! Just a reminder that our schedule has changed to allow more teacher preparation time! **Regular day 8:20 a.m. - 2:57 p.m. and Delayed start Wednesday and Thursday 8:40 a.m. - 2:57 p.m. Please make sure students arrive on time.**

Thanksgiving Break begins on November 25. Students will return on December 2, 2019.

FROM THE PRINCIPAL 🐾

"I believe all students can achieve at high levels and will do whatever it takes to help our students cross that graduation finish line. I am delighted to be part of our amazing learning community. I welcome and value your positive energy and dedication to excellence in education, and I am looking forward to working with our parents, students and staff."

November is an important time for us all to reflect on the many things we have to be thankful for. I am certainly thankful for the many blessings in my life, including working with our amazing students, parents/guardians, teachers, and support staff here at Mt. Vista High School. As we finish term five and move into term six, the next few weeks are critical for your student to finish the semester strong and pass all their classes. One of the ways that parents can help their student be successful is to make sure they are on time and attend school regularly. Research has shown that there is a strong correlation between school attendance and academic success. I would like to wish everyone a *Happy Thanksgiving!*

Upcoming Events/ Próximos Eventos

**PBIS Training for
PBIS team**

11/06/19

Event Highlight/ Evento destacado

Panther Fun Friday!!

Congratulations to students who have earned access to Panther Fun Friday for the past four terms. A huge shout out to all staff who helped out. Fun Friday is for students that have met certain requirements each term. The next Fun Friday requirements for students are as follows:

No School**11/11/19****ELAC Meeting @
6pm****11/07/19****School Site Council
Meeting at 4pm****11/21/19****Thanksgiving Break****11/25-11/29/19**

Being Polite to others, Cleaning up after themselves, Use clean language.

They need to have 5 or less tardies, **no unexcused absences**, no referrals and are passing 5 out of 6 classes.

The next Fun Fridays are scheduled for December 6th and December 20th.

Keep up the great work, Panthers!! 🐾

**After School Program**

Please welcome our new After School Program Coordinator, Arizma Barajas. The After School Program works closely with the school counselor, teachers, administration and staff to get students on track to graduate. The Mountain Vista After School Program offers a positive environment for students to catch up on their credits, do their homework as well as have a safe place to be around their peers. To help your student achieve these goals they are expected to attend on a regular basis. Students are also expected to keep passing grades and exceptional behavior to attend any field trip ASP may have. Again, please give Ms. Barajas a warm welcome as she is ready to continue the excellence of the program.



Career Expo

On Wednesday, October 16th, 2019, students from Mountain Vista high school had the opportunity to attend the "Career Tech Expo 2019" that was held at the Chukchansi Park in Fresno. The event, which is sponsored by the Fresno County Superintendent of Schools, is the largest Career Tech Expo in the Central Valley! Each year, nearly 3,000 parents and students attend and learn about careers and educational opportunities that are available through many trade and training facilities in our local community.



Staff Highlight/Destacado del personal



NEW STAFF

We are delighted to welcome Kevin Larrivee, our new PE teacher. Mr. Larrivee brings a solid 15 years of teaching experience to meet the needs of our students. In his spare time he likes to swim, hike, camp and fish to name a few. Besides being a coach, he has spent his time as a lifeguard, private investigator and retail manager. We are fortunate to have this jack of all trades as part of our Panther family. Welcome Kevin! 🐾

Staff answers the question: What Are You Thankful For?

- I am thankful for good health, family, friends, and co-workers.-Mrs. Lee
- Thank you for family and friends.- Mrs. Huerta
- I am thankful for my family and job.-Mrs. Cuevas
- I am thankful when the Lord wakes me up in the morning to enjoy a brand new day.-Mrs. Gonzalez
- I am thankful for my friends, family and quilting.-Mrs. Brown

- I am thankful for my new job and new home here at MVHS.-Mr. Landero
- I am thankful for talking one on one with close friends; making those connections.-Mrs. Jusaino
- I am thankful for my family, friends, health, and being able to do what I love!-Ms. Mendoza
- I am thankful for working with wonderful people and students. I am thankful that my family getting more healthy. I am thankful for my beautiful children and I am so proud of each one of them. I am also thankful for my special wife.-Mr. Larrivee
- I am thankful for my son and the time I have with him. I am thankful for having a rewarding job, where I get to meet so many different students with so many different backgrounds. I am thankful for what they teach me.-Mr. Fernandez
- I am thankful for my daughter, wife, and for being in better health.-Ms. Malsom

Student Highlight/Destacado del Estudiante

Students answer the question: What Are You Thankful For?

- I am thankful for my family and my close friends.-U.M.
- I am thankful for my family, life, and things on this earth. I'm thankful for knowing God and for my friends that are real to me and care for me.-J.C.
- I am thankful for having a fridge filled with food and a roof to live under.-G.B.S.
- I am thankful for living another year.-P.V.
- I am thankful for coming to school so I can catch up on credits and make myself proud that I did. Also for my family and friends.-A.D.
- I am thankful for my family and still living another day. I am also thankful for my friends.-J.C.

Mock Interview

Mock Interview is a process by which students learn to prepare for the realities of looking for a job as an adult. Students are taught how to construct proper documentation for job searches, such as cover letters and resumes. Students also practice interviewing techniques for job opportunities with potential employers. At the end of the process, students dress in professional attire and present their portfolios to local business leaders for a trial interview. During the interview, these local business leaders give feedback about the quality of the document portfolio and the student's interviewing performance for future reference. Many of our students present themselves well enough to be offered jobs on the spot. This year 47 students passed the entire Mock Interview process on their first attempt. Great job Panthers!



Sports Schedules/Horarios deportivos



Flag Football Tournament- 12/05/19 @ Millview Sports Complex

Grid Iron Flag Football Tournament-Games begin at 9 am.



Soccer Tournament- 02/06/20 @ Millview Sports Complex



Basketball Tournament- 03/05/20 @ MVHS Gymnasium

Student Health Wellness/Salud del Estudiante

Update on Substance Abuse and Additional Services

When students commit a substance abuse offense, a multi prong approach has now been implemented to provide a means of correction for this behavior. In addition to students being suspended, they are also assigned mandatory substance abuse counseling in a timely manner. We have revised the counseling referral process to ensure all students are being served. We have also expanded our substance abuse counseling through the addition of an Intervention Specialist along with two counselors through the Youth Empowerment Program and group counseling with Mr. Longoria. The goal is to provide prevention counseling for substances as well as further support for students who may be struggling with addiction. We want to be more proactive in our approach to substance use as opposed to reactive. It should also be noted that with each offense, an Expulsion Warning is being issued to communicate the seriousness of the offense and to discourage further incidences. We have also implemented a progression for discipline that includes suspension, in house suspension and intervention for each incident.

What can parents do? Parents play an important role to fight against prescription drug abuse.

Check your medicine cabinets, turn in old or no longer needed medication to your local pharmacy for safe disposal. Lock up remaining medication so that your child(ren) do not have access to them. Know the warning signs and speak to your child(ren) about the dangers of taking medication that is not prescribed to them.

Health and Wellness

Last month, in accordance with the new CA Ed Code AB2246, Madera Unified promoted Suicide Prevention Awareness starting in October for grades 7th through 12th. What can parents do?

Pain is not always obvious. Know the Signs: Loss of Interest* Sudden Mood Changes* Giving Away Belongings* Personality Change* Neglect of Personal Appearance* Physical Pain* Substance Abuse* Withdrawal* Changes in Sleep*Reckless Behavior

School Climate and Culture/Clima Escolar y Cultural

	Classroom	Hallway	Gym/Field	Benches/Tables	Office	Restrooms
R espect	-follow instructions -keep an open mind -use professional language -encourage others -be <u>polite</u>	-pick up after yourself -keep volume low to respect classes in session	-be <u>polite</u> to others (including people in park) -take care of school and public property -move between areas quietly	-use appropriate language -talk about school appropriate topics -help students feel welcome -keep area clean -greet others with respect	-use <u>polite</u> words (please, thank you) -honor the privacy of others -be <u>in</u> student areas only	-be <u>mindful</u> of the privacy of others -use sinks for washing up quickly
O rganization	-arrive on time -get out materials -show you are ready to learn (hoods down, hats off, electronics put away)	-have pass if out of class -Be where you are suppose to be	-be <u>prepared</u> to fully participate with clothing for PE -be <u>helpful</u> with equipment -use time effectively to achieve goals.	-eat food and put waste in trash -take care personal items -sit on benches -stay in appropriate areas	-use office services at appropriate times -come to office one at a time	-use bathrooms during break and lunch
A wareness	-follow dress code -use time effectively -express needs appropriately -have a growth mindset (learning means making mistakes sometimes)	-use appropriate language -use inside voice -hands to yourself -return to class quickly	-be <u>mindful</u> of safety and personal space of others -know and follow expectations, rules and <u>requirement</u> -be <u>alert</u> and focus on surroundings -stay in designated areas	-keep volume of voice low -use earbuds when listening to music -keep hands and feet to yourself -say nice things about others or say nothing	-use professional language -show waiting parents that MVHS students are polite -use inside voices	-use bathrooms efficiently so everyone can have a turn
R esponsibility	-stay in seat until excused -bring pass when late -stay on task -use technology only when allowed	-get water during break	-engage in assigned activities -show sportsmanship at all times -develop healthy habits of exercise	-place litter in trash or recycle -go to class when warning bell rings	-plan ahead for office visits -sign-in when late to ensure accurate attendance	-put trash in trash cans -use supplies wisely

Reminder: Attendance Policy/Politica de Asistencia

California compulsory education law requires everyone between the ages of six and eighteen years of age to attend school. If you have three or more unexcused absences from school, you will be considered "truant". Your parents will be notified by mail with a truancy notice. If you have six or more unexcused days from school you may be declared a "habitual truant" and referred to the MUSD School Attendance and Review Board. Your School attendance is the first predictor of school success. Plan to be at school EVERY DAY. School attendance is reviewed daily. Students will not be successful in their academic achievement without regular attendance.

